FEDERAÇÃO PORTUGUESA DE GOLFE

To all Clubs and Affiliated Players

Lisbon, 10th December 2008

OFFICIAL COMMUNICATION Nº 02/08

2009 List of Prohibited Substances and Methods

The Portuguese Golf Federation would like to inform all Clubs and Players that the **World Anti-Doping Agency Code: The 2009 List of Prohibited Substances and Methods,** which was ratified by the Council of Europe Monitoring Group in 13.11.2008 and by the Anti-Doping National Council (Conselho Nacional Antidopagem - CNAD) in 26.11.2008, is already available on the PGF Website www.fpg.pt and it will be in use from the 1st of January 2009.

Therefore, from the 1st of January 2009, the List will be part to the Anti-Doping Control Rules of the Portuguese Golf Federation.

We would like to inform all players about the CNAD's decisions, concerning substances that require a formal declaration and the rules to authorize the therapeutic use of prohibited substances and methods, referred on pages 9 to 13 of the List, which must be strictly complied. We also inform that the rules to authorize the therapeutic use of β2-agonists for asthma treatment and bronchoconstriction resulting from physical exercise and glucocorticosteroids suffered considerable alterations, which will be in use from the 1st of January 2009.

We also inform you that the Anti-Doping National Council (Conselho Nacional Antidopagem) will be available to give you all the information you may need. Please contact: **21 796 02 45**.

Portuguese Golf Federation

General Secretary
Pedro Vicente

NOTE: Please place this document on an appropriate place (the notice board).